

From: National Financial Fitness [edu@financialfitness.com.au]
Sent: Friday, 11 February 2011 1:01 PM
To: smile@yourmoneymistress.com
Subject: Licensees sought, workshop & election results!

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Issue 42 - February 2011

Dear Mistress,

Welcome to all new subscribers of this newsletter and [my blog](#). Thank you.

First up, we're looking for **two entities ONLY to be Licensees** (individuals or organisations). This ensures quality delivery for all and would suit the finance, fitness or personal development industry.

Our new website will be up very soon and once "the system" is perfected by these two Licensees (we already know the content changes lives & is worthy of Government funding), **the introductory price will no longer apply.**

Just [contact us](#) to find out more.

For those that have previously expressed an interest do let us know if your circumstances have changed.

Until next, stay healthy, happy & wealthy, inside & out!
National Financial Fitness

Thank you.. goes to Rochelle, my new assistant, who does admin and those domestic tasks I neglect (like cleaning). And of course Romany helping from Canada shows that

From Your Money Mistress: Whipping your wallet into shape!

I'm proud to say **I'm getting around this month!** The following is where I'll be in the ACT as Your Money Mistress (see below for Financial Fitness events):

- **25th Feb:** Fyshwick DVD from 3pm. [See the flier here.](#)
- **28th Feb:** Dickson Library from 6pm.
- **1st Mar:** Daltons Book shop from 6pm.



Different content will be covered each time so the hospitable venue managers don't lose patronage and people can get maximum benefit by attending all three AT NO COST. **PLUS I'll be giving away a copy of the 1st EPISODE OF S&M** hosted by Yours truly (a half hour DVD of what we hope will become a series).

If you can't make it but think that **an adult activity book that acts as your own personal counsellor** is worth \$32.95, then check out The Bedside Guide to S&M: How to have Sizzling S*x & More Money in your relationship. If you'd like a signed copy (& maybe a discounted copy for a friend), grab it [here](#).

Corporate training

The [Women's Information Referral Centre](#) is running a Thinking Thursday Lunchtime session on 24th March when I'll be covering Financial Fitness. Then on 28th March, they will run the workshop **"8 weeks in: How much has gone out?"** where we'll cover:

- Your relationship with money
- The simple, effective, like velcro Basic Budgeting process
- Your Money Action Plan (MAP)
- The basics of investing

Cost is \$100 or \$50 concession. **For more information on this one day course or to enrol call 02 6205 1075.**

And **Queanbeyan Library** are having me in to give a talk on **Sat 26th Feb.** [See the flier here.](#)

Individuals

Many have asked **how I fared in the election.** Well **Financial**

distance is no barrier. Thank you to both!!

Life's lighter side

Please accept that no offence is intended. If you have a sense of humour, you are on the way to great health.

The jeweller asks the man if he would like a lady's name engraved on the expensive Valentine's locket he's buying.

"No, just put With all my love," he says. "That way if we break up and she throws it back I'll be able to recycle." How nice that he was thinking of the environment!?!"

If you think someone may benefit from this information please [forward this email](#). The sooner we are financially literate the sooner we can spend our time as we please and society will benefit as a whole.

Our training is Government accredited meaning an external auditor has deemed it to meet Australian standards.

You are receiving this newsletter due to your association with National Financial Fitness. If you have received this email in error please notify us. Also, please consider the environment and print duplex, only if necessary.

Fitness is about being honest with yourself and others, so [you can see here](#) how the number of people who voted for me was more than that of the Labor candidate who was elected as a Senator (that's how preference voting works). So **thank you to all who voted below the line and those who incorrectly thought their vote above the line would go to me (yes there were a couple and it was appreciated)!**

You can see all results [here](#).

Aunty Lissy (view the [website here](#))

Don't forget our Government funded training is available for working youth also. They'll learn how, **in order to be one of the few that are financially independent, they have to do what the majority are not!**

If you'd like more information just hit Reply and type "More please."



Fitness Tips

For the Mind: Put your mouse on the other side to your usual master side (eg being right handed I put my mouse on the left). This way you'll trigger the other side of your brain and become a little more balanced.

Body: Typing these newsletters (& in general) can leave your eyes yearning relief so close your eyes at least once every half hour and massage around them (the cheek bones in to the nose and eyebrow bones). Open and look into the distance. Remember your eyes need exercise too.

For the Wallet: With one click you can now easily subscribe to the fortnightly relationship and money saving tips on my blog [here](#).

For Inspiration

"Abundance is not something you acquire.

It is something you tune into."

Wayne Dyer

Training for a healthy Mind, Body AND Wallet

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If you would like National Financial Fitness to provide you with quality training call 1300 YES NOW 1300 937 669